



CORE TRANSITIONS

Student-to-Student Mentoring Program

Core Transitions creates an opportunity for schools to intentionally engage their incoming students through peer relationships. It is based on the power of student-to-student mentoring, where every incoming student in a school is mentored by an accomplished and caring upperclassman.

Younger students often have a difficult time adjusting to a new school. This transition period is when many students feel “disconnected”, give up or display at-risk behavior.

Core Trainings recognizes that upperclassmen possess an incredible advantage in shaping the lives of younger students. The Core Transitions Program provides a “system” to recruit and mobilize a team of upperclassmen to offer friendship, support and guidance for these younger students as they begin their journey in their new school.

How Does The Core Transitions Mentoring Program Work?

Incoming Students

They are matched with an upperclassman (average of 5:1 ratio), to receive ongoing support and guidance, easing their transition for academic and social success.

School Staff

A small core team (1-3) is coached and supported on how to guide the program. A “train-the-trainer” model is also available.

At The Core

- Younger students are now connected to an older student who cares to help them through their transition and reach new heights in academic and personal success.
- By creating positive “connections” and behaviors among students, schools experience a positive impact in student involvement and inclusiveness.
- This unique, student-led program, enhances leadership skills for the accomplished older students, and teaches them how to develop positive relationships.

Mentors

Participate in upfront mentor training, and are then prepared for quarterly or monthly “connections”. They facilitate character based activities and discussions (curriculum provided) designed to address key issues the younger students face.

Executive Team

This team of students will be specifically trained to be the driving force of your program as they assist the staff and school in implementing the Mentoring System.

Connecting Students To Students & Students To Your School...

“Mentors develop such a strong sense of purpose while freshman realize, sometimes for the first time, that someone REALLY cares about how they do, the decisions they make and their happiness.”
-Lindsay Trout, Assistant Principal
South Lakes HS, Virginia

“We had been looking to start a student-to-student mentoring program at Higgins Middle School for some time. Core Trainings has been amazing to work with – responsive, flexible, and committed to seeing the program succeed.”
-Todd Bucey, Principal
Higgins MS, Peabody MA

“The mentoring program has allowed us to introduce our freshmen to positive role models. These connections reduce anxiety for the younger students and provide a resource throughout the year to help them navigate successfully.”
-Bernie Nangle, Principal
Haverhill HS, MA